



2009 - 2010 Hockey Education Program (HEP) Implementation Guide

Planning - Implementation

This guide is intended to assist local hockey association ACE Coordinators and association boards in developing plans for their 2009 - 2010 HEP implementation. It is likely that each association's plan will differ based on past accomplishments, current needs and priorities and resources they can devote to HEP. The following outlines the tools that are available:

Parent & Coach Education

HEP Parent Education:

- Should be delivered in association parent meetings or as a part of the parent team meeting.
- Distribute "Sports and Your Child" HEP Manual, encourage parents to read.
- Distribute HEP Parent Code of Conduct. Review overview of HEP and "Parent Code of Conduct". Have parents sign and collect copies.
- A Power Point presentation is available for the meeting, if desired. (www.minnesotahockey.org/HEP/Player and Coach Ed. Information)
- Encourage parents to take the "HEP Parent Quiz" found on the HEP web page.
- Encourage parents to read HEP e-newsletters.

HEP Coach Education

- Provide a copy of "Coaches Who Never Loss" HEP manual to all coaches.

Skill Development

Examine your practice to game ratios, set goals and take steps to move toward the HEP and USA Hockey American Development Model guidelines. (www.minnesotahockey.org/HEP/Player and Coach Ed Information/HEP Practice Model)

Distribute coaching aids. HEP Skill Progression manuals designed for Mite/8U, Squirt/10U and PeeWee/12U coaches. Skill development videos can be viewed and downloaded from Minnesota Hockey website. (www.minnesotahockey.org/coaches/player and coach development)

Encourage coaches to use the HEP Skill Progression and Practice Time Allocations to plan and guide their season and individual practices. (www.minnesotahockey.org/HEP/Player and Coach Information/HEP Practice Model)

Minnesota Hockey is offering coaching clinics for teaching the basic hockey skills, skating, stickhandling and passing. Minnesota Hockey will provide the instructor at no cost to the association. Contact Gary Gregus at vggregu4@ties2.net to make arrangements.

Use Skill Challenge testing program to provide players with feedback on how he/she is progressing. Specific program testing details are available on the Minnesota Hockey website (www.minnesotahockey.org/HEP/Skill Development and Skill Challenge) in the Skill Challenge manuals. An Excel program can be downloaded from the Minnesota Hockey website to record testing results and print individual player evaluation forms. (www.minnesotahockey.org/HEP/Skill Development and Skill Challenge)

Fair Play

Use Fair Play in your Invitational Tournaments. Guideline is available on HEP page of Minnesota Hockey website. (www.minnesotahockey.org/HEP/Player and Coach Ed Information/Invitational Tournament Guideline)

Use Fair Play results to set sportsmanship goals and provide feedback to teams and coaches.

Awareness - Promotion

HEP e-Newsletter providing current information about the program will be distributed weekly. If they are not receiving the e-newsletter, encourage parents to go the Minnesota Hockey HEP webpage to get on distribution list.

HEP Essay Contest. - "It is important to respect my opponent because..." Watch for upcoming announcement and encourage players to participate.

HEP Coach Recognition Program to recognize coaches whose behaviors are examples of the principles of HEP. Watch for announcement and encourage participation.

Respect and Protect – Brain Injury Prevention Awareness Campaign. Encourage participation, teach players the proper way to protect themselves and check an opponent, put the "Respect and Protect" stickers on their helmets and read the materials on concussion prevention, identification and treatment.

Materials

There is no cost to local associations for HEP materials. Materials can be ordered using the form on the HEP page of the Minnesota Hockey website. (www.minnesotahockey.org/HEP/Player and Coach Ed Information/09-10 Material Order Form) Complete the form and fax it to 952.392.2206 or toll free 866.667.7042

If you have distributed HEP manuals, "Sports and Your Child" and "Coaches Who Never Lose", in the past, please only order manuals for parents and coaches who don't have them.

Mite/8U Workshop

Minnesota Hockey is offering workshops for associations to learn the best practices in the areas of Mite/8U program design, skill development, parent education and player recruitment. Check with your District ACE Coordinator for details in your area.

Questions

If you have questions and/or suggestions regarding the HEP program, please contact your District ACE Coordinator; District Director; Terry Evavold, Minnesota State ACE Coordinator, at terrye@minnesotahockey.org or Dave Margenau, HEP Committee Chair, at dmargenau@aol.com.